



Summer Session

June 5 - August 15
(no classes July 1-5)

Registration Procedures & Policies

Registration:

Online Registration: www.tntkidsfitness.org
Phone Registration: 701-365-8868

Class Tuition: Class tuition varies by class. Payment is due in full at the time of registration. Children enrolled in more than 1 class a week receive 25% discount on the additional classes.

Annual Registration Fee: \$30 fee required one time per year per family. Covers all family members. Due on or before anniversary date. **Non-refundable.**

Refunds: TNT allows refunds within the first week of a session for unused classes. If a refund is requested after the first week due to injury, illness, or an approved circumstance, TNT credits your myTNT account the unused portion to use for a future session. Credits are only good for one year from the date of issue.

Class Mobility: For all classes children must turn the age required by the FIRST day of the session.

- **Preschool classes** are age based and children progress through the levels as they age.
- **School Age classes** are based on skills and children progress as they achieve the required skills for the level.

Class Closure: TNT reserves the right to close classes with 3 or fewer students. Occasionally, classes combine ability levels to stay open.

Registration & Waitlists: All classes are first come, first serve. You cannot register for a class that is at capacity. You are able to join a waitlist for a full class. If you are on the waitlist, you are NOT registered and are only contacted if a spot becomes available.

Make-Up Policy: TNT does not offer makeups for missed classes due to limited class availability. **There are no credits or refunds for missed classes.**

Movement & Milestones

Movement & Milestone classes focus on perceptual and gross motor development. Aligning activities to promote milestone achievement. Passive movement to strengthen, lengthen, and introduce muscles to dominant movement patterns. All of these classes require an active helper.

		Monday	Tuesday	Wednesday	Thursday
Rockin' Rollers 3 months - Crawling Co-Ed 30 minutes Sensory Gym	\$70	5:30pm			5:30pm
Curious Crawlers Crawling - Walking Co-Ed 30 minutes Sensory Gym	\$70		9:15am	5:30pm	4:45pm
Wiggly Walkers 1 year Must be Walking Co-Ed 45 minutes Sensory Gym	\$180	10:00am 4:00pm 6:00pm	11:00am 3:00pm	9:00am 5:00pm	
Junior Jumpers 2 years Co-Ed 45 minutes Sensory Gym	\$180	10:00am 3:00pm 5:00pm	11:00am 3:00pm 4:00pm 5:00pm 6:00pm	10:00am 4:00pm	10:15am

Preschool Gymnastics · 45 Minutes

Preschool classes introduce basic gymnastics through exploration and creative movement. Classes use rhythm, rhyme, and repetition to teach basic body positions and skills. Classes teach children the five c's: be curious, creative, courageous, competent, and confident.

		Monday	Tuesday	Wednesday	Thursday
Lil Leapers 3 years Co-Ed 45 minutes Sensory Gym	\$180	10:00am 11:00am 3:00pm 6:00pm	10:00am 4:00pm 5:00pm	9:00am 11:00am 3:00pm 5:00pm	9:00am 4:00pm 6:00pm
Tiny Tumblers 4 years Co-Ed 45 minutes Sensory Gym	\$180	10:00am 11:00am 3:00pm 4:00pm	10:00am 6:00pm	9:00am 11:00am 3:00pm 4:00pm 6:00pm	9:00am



Preschool Gymnastics · 60 Minutes

		Monday	Tuesday	Wednesday	Thursday
Kinder Girls 5+ years Girls 60 minutes TNT Gym	\$190	3:00pm 4:15pm 5:30pm	4:15pm 5:30pm	4:15pm 5:30pm	4:15pm 5:30pm
Kinder Boys 5+ years Girls 60 minutes TNT Gym	\$190		5:30pm		
Hot Shots 4 - 5 years Girls Recommendation ONLY 60 minutes TNT Gym	\$190	4:00pm	11:00am		10:15am 3:00pm

School Age Gymnastics



TNT's school age classes follow the USA Gymnastics program standards. At TNT, boys and girls in this program safely learn fundamental skills and progressions on traditional gymnastics equipment. Students advance through skill mastery.

		Monday	Tuesday	Wednesday	Thursday
Beginner Girls 6+ years Girls 60 minutes TNT Gym	\$190	12:30pm 3:00pm 4:15pm 6:45pm	3:00pm 4:15pm 6:45pm	3:00pm	4:15pm 5:30pm
Advanced Beginner Girls 6+ years Girls 60 minutes TNT Gym	\$190	3:00pm 4:15pm 5:30pm 6:45pm	3:00pm 5:30pm	12:30pm 4:15pm 6:00pm	3:00pm 4:15pm 6:45pm
Intermediate & Advanced Girls 6+ years Girls 60 minutes TNT Gym	\$190	5:45pm	4:00pm 5:15pm 6:30pm	6:00pm	5:30pm
Beginner Boys 6+ years Boys 60 minutes TNT Gym	\$190		4:15pm		
Premier I 6+ years Girls Recommendation ONLY 180 minutes TNT Gym	\$270		2:00pm		2:00pm
Premier II 6+ years Girls Recommendation ONLY 180 minutes TNT Gym	\$270	4:15pm		4:15pm	

Ninja

Ninja classes teach kids to functionally move their bodies and overcome obstacles in all areas of life. The classes include activities and circuits to work the cardiovascular system. Children use gymnastics equipment, trampolines, ninja course, a warped wall, and more to learn both fitness and ninja skills.

		Monday	Tuesday	Wednesday	Thursday
Ninja Minis 4 - 5 years Co-Ed 45 minutes TNT Gym	\$180	3:15pm	4:15pm 5:15pm 6:45pm	3:00pm 5:30pm 6:30pm	4:30pm 5:30pm
Ninja 5+ years Co-Ed 60 minutes	\$190	5:30pm	3:00pm 6:15pm	4:00pm 6:30pm	3:00pm 5:30pm
Ninja Stars 4 - 5 years Girls Recommendation ONLY 60 minutes TNT Gym	\$190	4:15pm		5:15pm	