



Gymnastics & Ninja Class Schedule

Registration Procedures & Policies

Registration:

Online: www.tntkidsfitness.org Phone: 701-365-8868

Class Tuition: Class tuition varies by class. Payment is due for the first month at time of registration. Future payments will be automatically withdrawn on the 20th. Students in more than 1 class a week receive 25% discount on the additional classes.

Annual Registration Fee: \$30 fee required one time per year per family. Covers all family members. Due on or before anniversary date.
Non-refundable

Refunds: TNT allows refunds within the first week of a class for unused classes for first time athletes. After the first week of class, approved refunds are a credit on your iClassPro account for the unused portion to use for a future class. Credits are only good for one year from the date of issue.

Registration & Waitlists: All classes are first come, first serve. You are able to join a waitlist for a full class. You will be contacted if a spot becomes available.

Make-Up Policy: TNT does not offer makeups for missed classes. **There are no credits or refunds for missed classes.**

Movement & Milestones

Movement & Milestone classes focus on perceptual and gross motor development. Aligning activities to promote milestone achievement. Passive movement to strengthen, lengthen, and introduce muscles to dominant movement patterns. All of these classes require an active helper.

		Monday	Tuesday	Wednesday	Thursday	Friday
Rockin' Rollers 3 months - Crawling Co-Ed 30 minutes Preschool Gym	\$32	5:00pm		4:15pm	9:30am 4:15pm	
Curious Crawlers Beginning crawling - early walking Co-Ed 30 minutes Preschool Gym	\$32		10:15am 4:15pm		5:00pm	
Mini Movers Early walking - confident walking Co-Ed 30 minutes Preschool Gym	\$48	4:15pm	3:30pm 5:00pm	5:00pm	10:15am 5:45pm	
Wiggly Walkers Confident walkers ready for structured class Co-Ed 45 minutes Preschool Gym	\$72	9:15am 5:45pm		4:45pm 5:45pm 6:45pm	5:30pm	3:30pm
Junior Jumpers 2.5 years old Co-Ed 45 minutes Preschool Gym	\$72	3:30pm 5:30pm	5:30pm 6:30pm	5:30pm 6:30pm	10:15am 3:30pm 4:30pm 6:30pm	

Preschool Gymnastics · 45 Minutes



Preschool classes introduce basic gymnastics through exploration and creative movement. Classes use rhythm, rhyme, and repetition to teach basic body positions and skills. Classes teach children the five c's: be curious, creative, courageous, competent, and confident.

		Monday	Tuesday	Wednesday	Thursday	Friday
Lil Leapers 3 years Co-Ed 45 minutes Sensory Gym	\$72	10:15am 3:30pm 4:30pm 6:30pm	9:15am 3:30pm 5:30pm	4:30pm 5:30pm	9:15am 3:30pm 4:30pm 6:30pm	3:30pm 4:30pm
Tiny Tumblers 4 years Co-Ed 45 minutes Sensory Gym	\$72	10:15am 3:30pm 5:30pm	9:15am 3:30pm	4:30pm 6:30pm	9:15am 3:30pm 5:30pm 6:30pm	3:30pm

Bolded classes are combined



Preschool Gymnastics · 60 Minutes

		Monday	Tuesday	Wednesday	Thursday	Friday
Kinder Kids 5 years Co-ed 60 minutes TNT Gym	\$76	6:00pm	4:45pm 6:00pm	3:30pm 4:45pm 6:00pm		3:30pm
Hot Shots 4 - 5 years Girls Recommendation ONLY 60 minutes TNT Gym	\$76	6:00pm	4:45pm 6:00pm		4:45pm	

School Age Gymnastics



TNT's school age classes follow the USA Gymnastics program standards. At TNT, boys and girls in this program safely learn fundamental skills and progressions on traditional gymnastics equipment. Students advance through skill mastery.

		Monday	Tuesday	Wednesday	Thursday	Friday
Beginner Girls 6+ years Girls 60 minutes TNT Gym	\$76	3:30pm 4:45pm 6:00pm 7:15pm	3:30pm 6:00pm 7:15pm	3:30pm 4:45pm 6:00pm 7:15pm	6:00pm 7:15pm	3:30pm 4:45pm 6:00pm
Intermediate Girls (previously Advanced Beginner Girls) 6+ years Girls 60 minutes TNT Gym	\$76	4:45pm 7:15pm	3:30pm 6:00pm 7:15pm	4:45pm 6:00pm	3:30pm 4:45pm 7:15pm	3:30pm 4:45pm
Advanced Girls (previously Intermediate & Advanced Girls) 6+ years Girls 60 minutes TNT Gym	\$76	4:45pm 6:00pm	4:45pm	7:15pm	6:00pm	6:00pm
Beginner Boys 6+ years Boys 60 minutes TNT Gym	\$76		6:00pm			
Premier I 6+ years Girls Recommendation ONLY 180 minutes TNT Gym	\$115		6:00pm		6:00pm	
Premier II 6+ years Girls Recommendation ONLY 180 minutes TNT Gym	\$115	7:15pm		7:15pm		

Ninja

Ninja classes teach kids to functionally move their bodies and overcome obstacles in all areas of life. The classes include activities and circuits to work the cardiovascular system. Children use gymnastics equipment, trampolines, ninja course, a warped wall, and more to learn both fitness and ninja skills.

		Monday	Tuesday	Wednesday	Thursday	Friday
Ninja Minis 4 - 5 years Co-Ed 45 minutes TNT Gym	\$72	4:30pm 6:30pm	5:30pm	3:30pm	4:30pm 5:30pm	5:30pm
Ninja 6+ years Co-Ed 60 minutes	\$76	3:30pm 7:15pm	4:45pm 7:15pm	6:00pm 7:15pm	3:30pm	6:00pm
Ninja Stars 6+ years Girls Recommendation ONLY 60 minutes TNT Gym	\$76	4:45pm		4:45pm		